

IMPACT REPORT

2022



Serving Eastside families since 1989.

Bringing our community together to partner with homeless families by providing affordable housing and empowering them with practical case management and hope.

125 State Street South
Kirkland, WA 98033
www.attainhousing.org



NOTE FROM NATALIE



Dear Supporters:

Thank you! Thank you for helping us to change lives every day. Every life we change has a story. These stories can be intense, difficult, and heartbreaking. When we hear them, we know the very real costs of homelessness. But these stories are also transformative, providing us the roadmap and the inspiration to bring about a change in how our community understands—and acts on—family homelessness.

In these pages, we share the many ways our supporters and staff made it possible for us to continue to serve families throughout another challenging year. We share an inspiring story of one of the families we serve. I hope you will enjoy reading about some of the challenges we overcame and the successes we celebrated in 2022.

Attain provides safe, affordable housing for families, giving them an opportunity to thrive, rather than just survive. Attain gives families a place to call home, a sense of community and the ability to receive services they may need through case management.

Attain also helps to prevent homelessness in our communities by providing funds and resources to prevent evictions and keep families housed. As we transition out of the height of the pandemic, Attain Housing understands that its impact is still being felt by our community, particularly lower income individuals and families. We will continue to service those most vulnerable in our community through eviction prevention support and funds.

We understand that safe and stable housing is key to the health and well-being of both adults and children. We will continue to cultivate communities where our residents can thrive.

I look forward to seeing you all throughout this year. Please check our website for upcoming events both large and small and for new ways to engage with us this year.

With Gratitude,

Executive Director

E. Terry Schulze
Board President

Melissa Acton-Buzard

Toby Nixon
Board-Vice President

Kathy Kearny

Ken Davidson
Board Treasurer

Alexis Ruhumuriza

JK Schatzman
Board Secretary

Jesse Sheldon

Our Board of Directors





Homelessness in King County

The Point-in-Time (PIT) Count is required every other year by the U.S. Department of Housing and Urban Development (HUD) in order to receive federal funding. However, it is widely understood to be an undercount. The PIT has traditionally been conducted as a one-night census by volunteers in January.

According to the 2022 PIT, 13,368 individuals are experiencing homelessness of which 57% are unsheltered and 43% are sheltered.

Homelessness continues to have a disproportionate impact on communities of color. Based on the PIT analyses, 25% of people experiencing homelessness in King County identify as Black/African American, but according to the 2020 U.S. Census only 7% of King County's population identifies as Black/African American. Similarly, 9% of people experiencing homelessness identify as American Indian, Alaskan Native, or Indigenous, but that group makes up only 1% of King County's population.

OUR SOLUTION

Transitional Housing

Attain Housing provides family-centered housing and services to King County residents who are experiencing homelessness. While meeting their critical needs for housing and services, Attain Housing assists families as they work to transform their lives. Our housing units are located in Kirkland and Bellevue.

Attain Housing works with families in crisis to stabilize their situation. At the heart of Attain Housing's Transitional Program is case management, a structured program in which participants regularly meet with trained case managers to establish and work toward individualized goals. As families achieve their goals, including gaining employment skills, improving credit, or furthering their education, they interrupt the cycle of homelessness by building the strength to return to self-determination and self-sufficiency.

In 2022, Attain supported 52 adults and 93 children. Our case managers logged 2815 hours with their clients, walking alongside them in their efforts to make lasting life changes and secure permanent housing. 75% of families with whom case managers worked for six months or more transitioned into sustainable permanent housing, a testament to case managers' focus on client empowerment.



Stable Home



When a family is evicted, the process—both legally and personally—can take time away from attending school or work. Income is lost for the time spent out of work dealing with an eviction, putting families even deeper in the hole financially and even risking their jobs altogether. It's a cascade of negative impacts that compound but if that cascade of instability is halted by investing in preventing the eviction altogether, the saved costs add up to greater social benefit.

Qualifying families living on the Eastside are able to receive support for eviction prevention. In 2022, Attain Housing prevented 195 families (including 370 children and 305 adults) from losing their housing.

The Eastside wants to be a community that no longer is picking up the pieces after a family is traumatized from homelessness. Instead, we want our community to ensure that not one family ends up homeless in the first place. Investing in our community helps prevent homelessness. And in preventing homelessness, the benefit is more than money. It's also preventing trauma, potential or increased addiction or mental illness, and the cycle of poverty that is passed from parents to their children. Most importantly, it will literally save lives.

OUR IMPACT

Like many parents, Sam is struggling to provide a stable home for his two boys. In 2016, a failed family business and a few missed house payments caused them to lose their home. Unfortunately, Sam's story isn't unique.

As of December of 2022, 64% of Americans were living paycheck to paycheck, according to a recent Lending Club report, making families vulnerable to homelessness. Even though wage growth is high by historical standards, it isn't keeping up with the increased cost of living, which in December was up 6.5% from the prior year.

For the past year, Attain Housing has been serving as the fallback cushion for Sam and his 11 and 12 year old boys that many families in the Eastside desperately need. Our transitional housing program allows families to move into a one, two, or three bedroom home for up to two years. Along with a stable place to live, families receive case management.

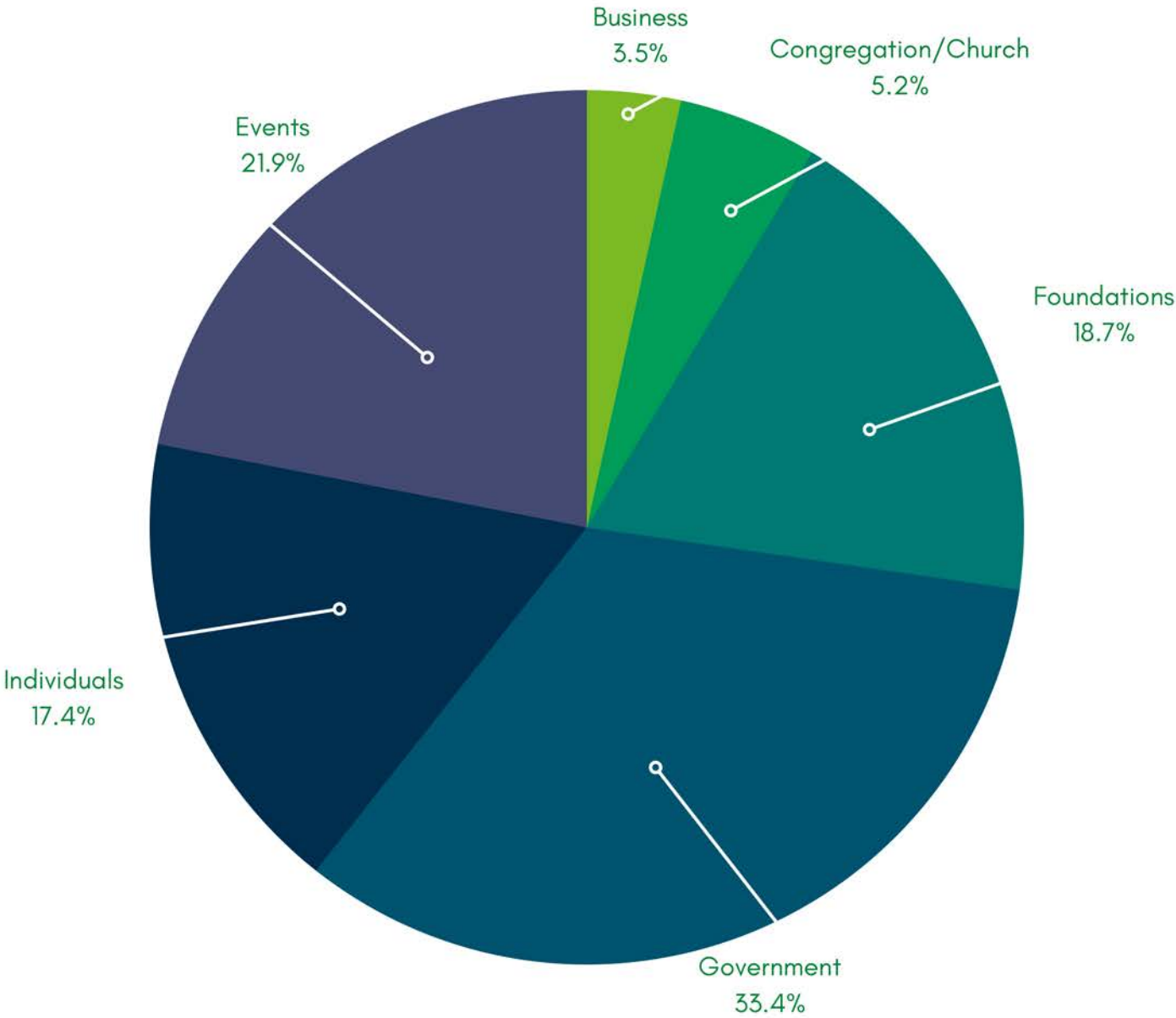
Through case management, families are able to learn about community resources, and set their individualized goals. For Sam, his goals were to get a job, put money aside for debt payments, and apply for other housing opportunities. With weekly check-ins with his case manager, Sam is able to stay focused on achieving his goals.

"I have a job now," Sam said with pride. "And I am saving money and filling out 3-4 housing applications each month" he continued. "A dream for me and my boys is to be financially secure and have a stable home of our own. Thanks to Attain, I am able to work toward my dream".

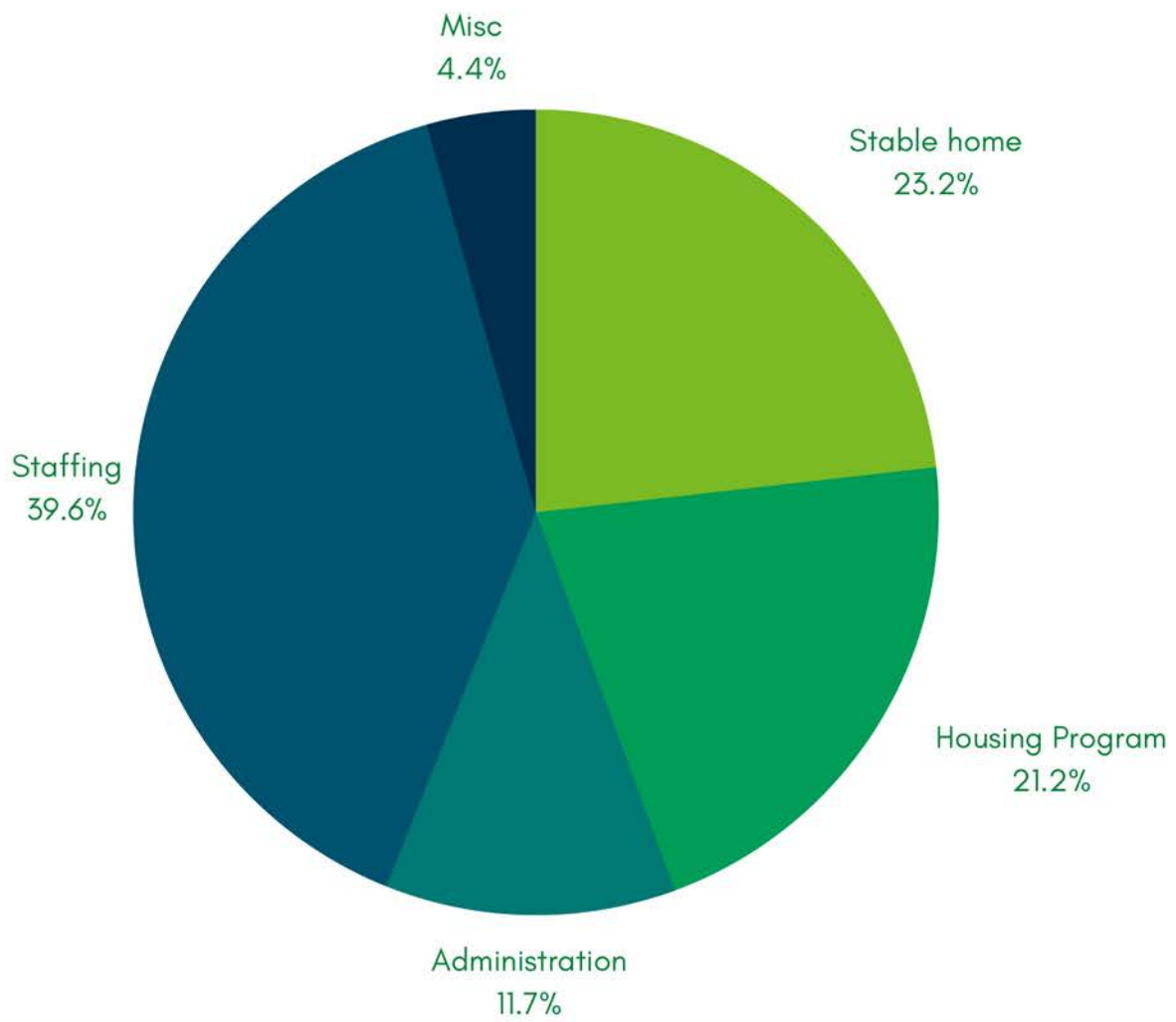
In 2022, Attain Housing provided 2815 hours of case management and served 52 adults and 93 children through our Transitional Housing Program. The Eastside community has the power to completely change the trajectory of not only an individual's life, but the lives of their children, their children's children, and their families for years to come. There is a large generational impact of homelessness, and our goal is to make it a positive one.



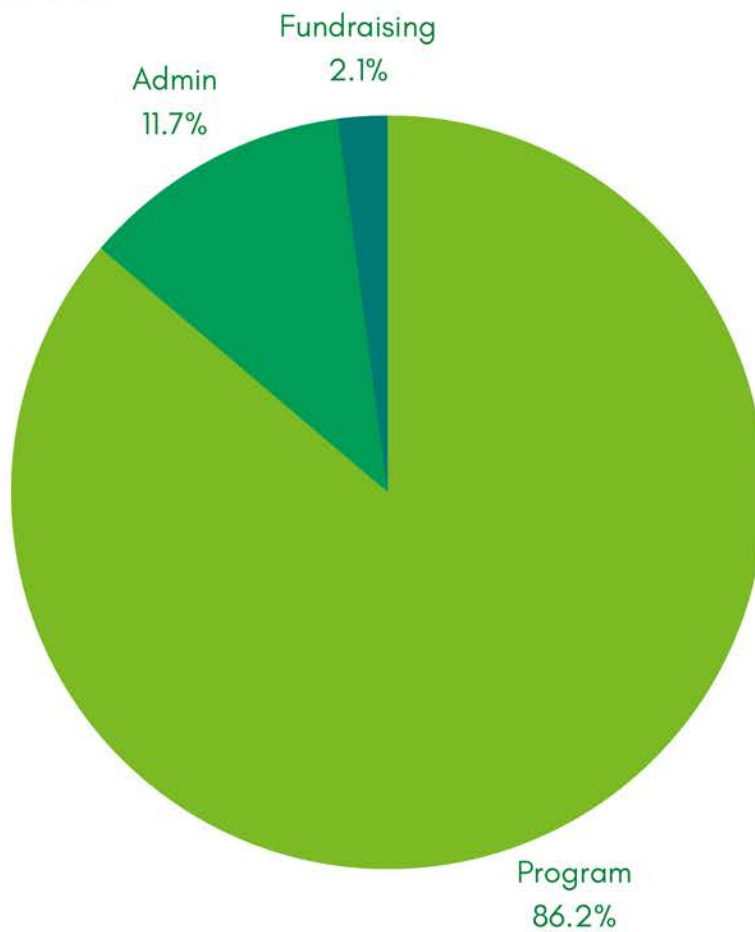
OUR FINANCIALS



Revenue



Expense



OUR COMMUNITY



Access to reliable technology is crucial in today's world. Imagine filling out a job or housing application with nothing more than the small screen of your phone.

The National Alliance on Mental Illness (NAMI) Eastside provided Attain Housing case management services with 4 tech kits which include a laptop, Wi-Fi hotspot, headphones, a carrying case, and more which can be given to families in transitional housing on loan to empower families in the work they are already doing towards stability.



We are thankful for our partnership with **KidVantage**. Our families with kids, ages birth through 12, get shoes, diapers, formula, blankets, coats, and much more from KidVantage.



Our thanks to **volunteers** who help keep Attain's properties clean and safe for the families we serve.

To learn about volunteer opportunities, contact development@attainhousing.org



Eastside Community Aid Thrift Shop is an all volunteer run thrift boutique in Kirkland. For over 40 years, ECA has focused our efforts on providing financial and material support to local nonprofits who address housing, hunger, and mental health for Eastside residents.

Our families are grateful to Eastside community aid thrift shop for their ongoing support!

Our Team

Natalie Reber

Executive Director

Jaquetta Alvarado

Case Manager

Chandana Gowda

Bookkeeper

Nasim Hessami

Case Manager

Darlene Jones

Stable Home Advocate

Stephanie Page

Housing and Facilities Manager

Jesse Perrell

Stable Home Resource Coordinator

Shama Shams

Development Director

Stephanie Tam

Development Specialist



Save the DATE

7-Hills of Kirkland

May 29, 2023



Home Is Where the Heart Is

Annual Luncheon

September 28, 2023



For more information contact Development@attainhousing.org



WWW.ATTAINHOUSING.ORG